First: It is sold at a moderate price. You save when you buy it.

Second: It has more than the ordinary leavening strength, therefore, you use less.

Third: There are no fail-ures-it always makes the sweetest, most palatable of

Fourth: It is used by millions of housewives—leading domestic science teachers and cooking experts.



Fifth: It is the best Baking Powder that can be produced. Was given highest awards at World's Pure Food Exposition, Chicago; Paris Exposition, Paris, France.

Sixth: It contains only such ingredients as have been officially approved by the United States Food

The finest quality Baking Powder—at the most economical cost. "The Biggest Bargain That Goes into the Kitchen Today." Mix plain flour with pure baking

our cannot be adulterated.

1/2 cup sugar, 2 eggs, 1/2 cup flour, 1 level teaspoon Calumet Baking Powder, 34 cup chopped nuts, 1 teaspoon lemon juice. powder instead of using uncertain Then mix in the mixtures. Then you will know your regular way. bakings are pure and wholesome. Plain

Calumet Nut Cookie

Recipe d cup butter,

First Battle Armor.

Gambeson was the armor used by the ancient Egyptians. It was com-

DESPAIR

If you are troubled with pains or tucky. eches; feel tirct'; have headache, indigestion, incoming painful passege of urine, you will find relief in



The world's standard remedy for kidney, liver, bladder and trie add troubles and National Remedy of Holland since 1696. Three sizes, all druggists. Guaranteed. Look for the name Gold Medal on every box

EIGHTY ENROLLED IN SHORT

Eighty young men were enrolled posed of layers of cloth and tow, or in eight weeks short course in agrisimilar material quilted on canvas or culture which is being given by the State College of Agriculture at the close of the enrollment, according to an announcement made by Dean Thomas Cooper. The list of those taking the course includes 63 exservice men who are receiving the work by the co-operation of the State Y. M. C. A., and the State College, three federal board students and 14 regular short course students One of the Federal Board students is from West Virginia, another from Indiana and the other from Κεη-

Writes a Poem Every Day.

Claud E Burton, a London journalist of prominence, claims to have published more verses than any other man living. For twenty years he has written an average of one poem a day, or a total of about 6,360 poems.

Old Stuff.

When men speak of the weaker sex and the gentle sex, what are they talking about, anyhow? Nobody seems to know.-Los Angeles Times,

In response to the inquiry of many telephone subscribers: "What can I do to help my serve ice?" this advertisement is published.

Help Control "Busy" Reports

Out of the thousands of telephone calls made daily, about ten per cent result in a report of busy lines.

This enormous number of busy reports is due largely to the fact that many subscribers repeat their calls at intervals of a few. seconds.

Making immediate and repeated calls for a busy line causes much unnecessary work for the operator and is a wasteful use of ines and equipment.

It will improve your service and help the eneral service of the community if you will wait a few minutes after receiving the busy report before making a second call.

THE SHOP STATES CUMBERLAND TELEPHONE AND TELEGRAPH COMPANY



War Fails to Jar Conceit of Teuton, Says Observer of Long Experience.

MENTAL ISOLATION ABSOLUTE

Unable to Understand How They Are Detested-The German of Today Is to All Intents and Purposes the Same as in 1913.

London. - Although Berlin has changed since 1914, the German mind remains unchanged. Neither the holocaust of dead nor the crash of thrones has shaken Germany out of her selfconceit, according to what G. Valentme Williams, formerly correspondent of Reuter's Agency in Berlin, tells the London Daily Mail,

"The German mind," he says, "does not seem to have altered.

"Albeit sadly puzzled to account for the utter break-down of the entire the German of 1920 is to most intents and purposes the German of 1913. In a world which to British eyes is strangely changed by five years of World war the mental isolation of the German is absolute. To talk to him makes you feel that the German of today is the loneliest creature on God's

"Yet with heavy deliberation he is the causes of his defeat. But he is not examining his conscience.

"Any Berlin bookshop will show you

Nothing of the Present.

"Professor Steinach's rejuvenation Maynard Keynes and Norman Angell on the Versailles Peace-both books in German translations and prominently displayed-treatises on spiritualism, atheism, free love, and the like-works of this description stand side by side with a mass of frankly pornographic literature. Here will you find reasoned explanations for the past, complicated schemes for the future, but nothing practical to deal with the problems of the present. And above all, no contrition for Germany's crime against mankind.

"The German surveyed the world from his castle of militarism. Now that it has collapsed he is left floun-

rid Germany of her military caste. "They have, it is true, expelled the bloody-minded blunderers surrounding that eminent nonentity, William the Second-rater, because they falled to keep their promise to establish German world-domination. But the German people is governed by the herd instinct, and the expulsion of the Old Gang in the circumstances of military defeat and home panic in which the Hohenzollerns were sent away requires weightier evidence of a change of heart that is forthcoming in Germany today, if it is to be accepted as a proof of the death of German mili-

Blank Indifference.

"Talk to a Frenchman of any class, and you will, sooner or later, come upon a well-banked but fiercely smouldering Republican ardor. Talk to a German about his government and you will find, at the best, lukewarm interest; at the worst, resentful ridicule towards the German Republic.

"The average attitude is one of blank indifference. The German man in the street never thought for himself. He does not do so today. The question of the future is, what party will emerge from the present chaos to

do his thinking for him? "The Germans are perfectly willing to forgive us for the war. They talk glibly about 'this unhappy war' with the air of a man making perfunctory excuses for some social lapse. In some may be detected in addition a little air of condescension in speaking of the late unpleasantness as though to draw attention to their magnanimity in accepting the war as an inevitable catastrophe, 'an act of God,' as the insurance policies say. And even today I find that the great majority of Germans have no idea of the abhorrence in which the very name German is held in the Anglo-Saxon countries and in France and Belgium."

SEEK FRUIT FLY PARASITE

Indian Bug to Be Introduced in Territory to Save the Hawaiian Products.

Honolulu, T. H .- David T. Fullaway, entomologist with the territorial board of agriculture, will leave soon for India to search for certain fruit fly parasites discovered by

George Compere at Bangalore, India. If the parasite can be located, it will be introduced in the territory to combat fruit flies here.

Bought Cap He Had Thrown Away. Perth Amboy, N. J.-A cap purchased by Howard Tapper, an overseas veteran of the World war, in a renovated army goods store here, proved to be one he had discarded in France after the armistice. It contained his name written on the under side of the band,

LANDSLIDE DISCLOSES COAL MINE IN FLEMING COUNTY

What is believed to be a valuable coal mine has been discovered in Fleming county about nine miles from Fl-mingsburg on a farm owned by Wat Strode, between Sugar Loan Mountain and Foxport. A short time ago a landslide on the side of the hill exposed some coal. The coal was ested and burned by several persons living in that neighborhood who de-clare it is of good quality. It has not been examined by any who claim any special knowledge along that line, but it is thought a fine vein of coal has been exposed.

Mr. J. E. Powell, the Popular Fireman of No. 5 Annex Fire Department, Pertsmouth, Virginia, Tells of the Good That Re-Cu-Ma Has Done Him-Could Not Keep Food On His Stomach Be ore Its Use-Now Eats As He Pleases.

Mr. Powell says "Re-Cu-Ma is the best medicine I ever saw. I was troubled with indigestion. I could not eat with any comfort. German system, in his outlook on life Then I tried one bottle of Re-Cu-Ma and it has done me much good. I can now eat as I wish without inconvenience. I used to be very hungry and anxious for meals, but everything I ate made me sick and I could not retain it on my stomach more than an hour or so."

Re-Cu-Ma is sold in Faris at Brooks & Snapp's Drug Store and all good communing with himself to ascertain druggists. It is sold under an absolute four-day offer, which means that you try Re-Cu-Ma with the uaderstanding that at the end of four the chaos prevailing in the German days you do not show material improvement you can take the bottle of Re-Cu-Ma back to the druggist and he will give you ever cent you experiments, Einstein's theory of light, paid for it. There couldn't be a fairer offer. If you are suffering take advantage of it.

> Re-Cu-Ma, through its action on the liver, kidneys and blood, brings strength and stamina to the entire

For sale by Brooks & Snapp and all Good Drug Stores.

PROPOSES MANUFACTURING BODY

(Mt. Sterling Advocate)

In Congressman Cantrill's address to the tobacco growers, warehousemen and bankers at Lexington, numdering in a sea of doubts and fears. bering about 2,500, Mr. Cantrill The Germans with whom I have spok- suggested nothing new, but emphaen expect us to hold them guiltless of sized the course as mapped out by others with the same hopeful vision that better prices may prevail by dividing the sales in two parts and cutting out the 1921 crop entirely. As we see it, to prevent recurrences of continuous low prices a firm and compact growers' organization for the manufacture of the weed is the only alternative, as the sooner such an organization is effected the better for growers now, and their successors, as well as all lines of business.

> A fireless cooker invented by an English woman is heated by an ordinary incandescent electric lamp.

"Cold in the Head"

Those subject to frequent "colds in the head" will find that the use of HALL'S CATARRH MEDICINE will build up the System, cleanse the Blood and render them less liable to colds. Repeated attacks of Acute Catarrh may lead to Chronic Catarrh.

HALL'S CATARRH MEDICINE is taken internally and acts through the Blood on the Mucous Surfaces of the System, thus reducing the inflammation and restoring normal conditions.

All Druggists. Circulars free.

F. J. Cheney & Co., Toledo, Ohio.



Just History

In '76 The Colonial Dame Spun her cloth By Candle flame.

In 1860 In Crinoline bright, She greeted her guests By Coal Oil light.

And later on, How time does pass Her home was lit By flickering Gas.

But the girl of to-day Who wants her home bright, Just presses a button And has Electric Light.

Paris Gas & Electric Co.

(Incorporated)

"Made Me Well and Strong"

PE-RU-NA



Sold Everywhere

Where will you find another food that comes to you ready-cooked with such flavor, economy and health building satisfaction as

Grape-Nuts

This combination of wheat and malted barley is a firm favorite with families that have used it for years and know its food value for both children and grown-

There's a Reason

Made by Postum Cereal Co., Inc. Battle Creek, Mich.

WILLIAM K. HAGAN & JON ARCHITECTS & ENGINEERS

FIRAT NATIONAL BANK

The Louisville

Courier-Journal

The Great Paper of the Southland

The Courier-Journal is ably edited; it is sane and dignified in its handling of news; it is fearless, yet fair, in its editorial utterances; and it always wll be found the champion of clean government.

The Courier-Journal surpasses all its competitors in equipment for getting the news of the day, because it has not only the Associated Press dispatches but the full wire service of the New York Times. In addition it maintains staff correspondents at Frankfort and at Washington.

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